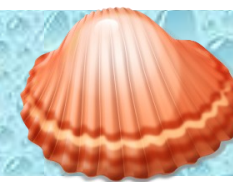


August 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Tai Chi 9:15am	3 Brown Bag Lecture "Shipwrecks of the TC" 12:00Noon * FREE Tai Chi 3pm
4	5	6 Tai Chi 10:30am	7 Jr. Naturalist Camp	8 Swamp Tales 3:45pm * 3- 6 years old FREE	9 Tai Chi 9:15am Tai Chi 10:30am	10 Jr. Oxbow Explorers Pirates of the Treasure Coast 10:30am * \$3/person *RSVP Tai Chi 3pm
11 	12	13 Tai Chi 10:30am	14	15 Butterfly Garden Committee 2:00pm Oxbow's Natives 3:45pm * Ages 5 and up FREE	16 Tai Chi 9:15am Treehouse Time 9:30am*FREE Tai Chi 10:30am	17 Art Class Zentangles 10:00am-12:00pm *Ages 10 & up *\$20/ participant *RSVP <u>NO Tai Chi class</u>
18	19	20 Tai Chi 10:30am	21	22 	23 Tai Chi 9:15am Tai Chi 10:30am	24 Tai Chi 3pm
25	26	27 Tai Chi 10:30am	28		30 Tai Chi 9:15am Tai Chi 10:30am	31 Tai Chi 3pm

August is Coastal Lifestyle Month

Tai Chi for Health Classes — Beginner & Intermediate classes: Tuesdays at 10:30am, Fridays at 9:15am & Saturdays at 3pm; Tai Chi Yang Form: Fridays at 10:30am at the Oxbow Eco-Center. **RSVP**- \$10 per class or \$32 for 4 classes, 772-785-5833 or oxbow@stlucieco.org. Tai Chi instructors Hilde and Hector Ruiz-Puyana will lead classes in Tai Chi for Health and Tai Chi Yang Form, designed for everyone, including those who suffer from arthritis, diabetes, osteoporosis, and balance issues. Appropriate for ages 16 and up. **RSVP a must. Please note there will be NO class on Aug. 17th.**

Brown Bag Lecture “Shipwrecks of the Treasure Coast” — August 3rd at 12 pm, FREE. The waters along Florida’s coasts are rich in the remains of ships from various historical time periods. Historian and IRSC’s adjunct professor Ronald Frazer will be discussing the discovery the 1715 La Plata Spanish Treasure Fleet and historically how we became known as the Treasure Coast. No RSVP required for this **FREE** lunchtime lecture.

Jr. Naturalist Day Camp—August 6th– 9th; 9:00am – 11:30am; Campers ages 4 to 7 years old. Bring your little ones to day camp and let them get a little wild. Each day will focus on different families of animals ... where they live, what they need to survive, and some of the strategies they use to outsmart their predators. Each day will be filled with fun learning and creative crafts. Choose one day or all four! Bring your own snacks. \$12 per day. **Pre-registration required.**

Swamp Tales—August 8th at 3:45pm, FREE. Join us for a “novel” adventure with Miss Kitty, our fabulous storyteller. Each month the story changes but the fun never stops! This free story and activity program is appropriate for ages 3 to 6. **FREE**

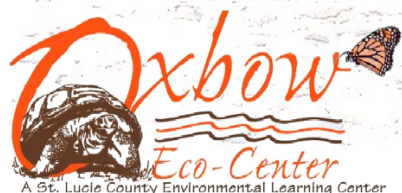
Jr. Oxbow Explorers “Pirates of the Treasure Coast”—August 10th at 10:30am, **RSVP** \$3/participant. Arrrr you ready to travel back in time to the “hey day” of the pirate? Using pirate tools, children will enjoy fun activities as they quest for Captain Golly Longbeard’s secret treasure. Appropriate for ages 5 and up; \$3 per participant. Be sure to dress in your favorite pirate attire. **RSVP a must.**

Butterfly Garden Committee – August 15th at 2:00pm, FREE. Join like-minded garden enthusiasts as they plan and design the Oxbow’s butterfly gardens. Can’t make it this day? You can still be part of this fun group by helping to plant and tend the garden every Thursday morning at 8:30am. **FREE**

Oxbow’s Natives “Leatherback Sea Turtles”—August 15th 3:45pm, FREE, children ages 5 and up. Mysterious and aloof, the Leatherback sea turtle is unlike any other turtle. Discover interesting facts like how leatherbacks can dive to depths over 3,000 feet, what they love to eat, and much more at this FREE presentation. Appropriate for children ages 5 and up. **FREE**

Treehouse Time “Surfing Fun”—August 16th at 9:30am, FREE. Surf’s up, dude! Youngsters will “hang 10” with some great ocean inspired songs presented by entertainer extraordinaire Miss Kathy. This is a free program appropriate for ages 3 to 5 with an adult. **FREE**

Art Class “Coastal Scene Zentangles”— August 17th from 10am- 12pm, **RSVP**, \$20/participant. Just like staring into the crashing waves on a warm sandy beach, the art of Zentangles can bring you peace, relaxation and stress relief. Treasure Coast Art Association teams up with Oxbow to present this beautiful and calming art form that uses repetitive patterns to create intricate designs. Appropriate for ages 10 & up. **RSVP**



Phone: (772) 785-5833 * www.oxboweco.com

5400 NE St. James Drive, Port St. Lucie, FL 34983
Center Hours: Tuesday—Friday 12:00 noon to 5:00 pm; Saturday 10:00 am to 5:00 pm
(Trails are open dawn to dusk daily)

